

Triennial Assessment Summary of the Local Wellness Policy

Instructions: The template below is offered to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template.

Requirement: An assessment of your school wellness policy must be conducted at a minimum once every three years per United States Department of Agriculture (USDA) regulations. Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

This assessment will determine:

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy.

Results: The final rule requires that LEAs update their wellness policy as appropriate and requires that LEAS must make available to the public:

- The wellness policy, including any updates to and about the policy at minimum on an annual basis.
- The Triennial Assessment results, including the progress that has been made in meeting the goals of the wellness policy.

Record Keeping: A copy of the most recent triennial assessment along with supporting documentation must be kept on file with your wellness policy documentation for three years plus the current year. The State agency will examine records during the Administrative Review, including:

- Copy of the current wellness policy
- Documentation on how the policy and assessments are made available to the public
- The most recent assessment of implementation of the policy
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.

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General Information:

School(s) included in the assessment: John Paul II Elementary _____

Month and year of current assessment: October 2021 _____

Date of last Local Wellness Policy revision: December 2020 _____

Website address for the wellness policy and/or information on how the public can access a copy:

Johnpaul2.org _____

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? 1 _____

Designated School Wellness Coordinator:

| Name | Job Title | Email Address |
|---|---------------------------|------------------------|
| Judy Lockett (changed during this assessment) | Lunch Program Coordinator | judy.lockett@k12.sd.us |

School Wellness Committee Members:

| Name | Job Title | Email Address |
|----------------|-------------------------------|--------------------------|
| Robin Cahoy | Principal | robin.cahoy@k12.sd.us |
| Judy Lockett | Lunch Program Coordinator | judy.lockett@k12.sd.us |
| Lee Clark | Physical Education Instructor | lee.clark@k12.sd.us |
| Jill Bannwarth | Business Manager & Parent | jill.bannwarth@k12.sd.us |
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Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

xSD Model Wellness Policy: A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.

- WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .
- Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy: Our wellness policy is based on the SD Wellness Policy. Some optional parts have been omitted. Some parts not applicable to our school have also been omitted. All necessary components have been included.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.

- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

| Nutrition Promotion and Education Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe progress and next steps |
|---|--------------|------------------------|------------------|---|
| | X | | | Students must take the entire meal (no offer versus serve). They are encouraged to eat all components of their meal. Posters are hung in the lunchroom to encourage healthy eating. |

| Physical Activity Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe progress and next steps |
|---------------------------|--------------|------------------------|------------------|--|
| | X | | | Students in Pre-5 have 2 – 30 minutes classes per week. 6 th grade gets 3 – 30 minute classes per week. |

| School-based activities to promote student wellness goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe progress and next steps |
|---|--------------|------------------------|------------------|--|
| | X | | | Students receive recess each day and are encouraged to be active at this time. Age appropriate playground equipment is available for this purpose. |

| Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe progress and next steps |
|---|--------------|------------------------|------------------|---|
| | X | | | All snack shack food sales are Smart Snack compliant. |

| Guidelines for other foods and beverages available on the school campus, but not sold | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe progress and next steps |
|---|--------------|------------------------|------------------|--|
| Class parties, rewards and snacks brought by children | | X | | Will be sending a list of healthy snacks to parents. Also sending a list of alternative rewards to teachers. Will encourage the use of healthy snacks and rewards. |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Describe progress and next steps |
|--|--------------|------------------------|------------------|---|
| | X | | | No marketing is allowed in the school except for snack shack items which are compliant. |

Additional information: