

Triennial Assessment Summary of the Local Wellness Policy

General Information:

School(s) included in the assessment: St. John Paul II School _____

Month and year of current assessment: September 2024 _____

Date of last Local Wellness Policy revision: July 2023 _____

Website address for the wellness policy and/or information on how the public can access a copy:
 johnpaul2.org _____

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? 1 _____

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Judy Luckett	Lunch Program Coordinator	judy.luckett@k12.sd.us

School Wellness Committee Members:

Name	Job Title	Email Address
Robin Cahoy	Principal	robin.cahoy@k12.sd.us
Judy Luckett	Lunch Program Coordinator	judy.luckett@k12.sd.us
Joleen Mueller	Physical Education Teacher & Parent	joleen.mueller@k12.sd.us
Jill Bannwarth	Business Manager & Parent	jill.bannwarth@k.12.sd.us

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

xSD Model Wellness Policy: A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.

- WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .
- Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:
Our Wellness Policy is modeled after the South Dakota model wellness policy. Some optional parts have been omitted. Some parts not applicable to our school have also been omitted. All necessary components have been included.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold,** to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.

- Description of public involvement, public updates, policy leadership, and evaluation plan.

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
	X			All students eating hot lunch receive all 5 meal components (no offer/versus serve). They are encouraged to eat all components of their meal. The Daycare and After School Care Programs are also serving healthy snacks.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
	X			All Pre-5 students attend 2 – 30 minute physical education classes per week. They also have recess each day and are encouraged to be active during this time.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
	X			Students receive recess each day and are encouraged to be active during this time. During physical education class, students are introduced to a variety of popular sports. Because of this, many students participate in one or more sports within the community.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps

	X			Snack Cart is the only program within the school where items are sold to students. All Snack Cart items are Smart Snack compliant.
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Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
		X		Will encourage the use of healthy snacks and non-food rewards. A list of healthy snacks will be sent to parents.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
	X			No marketing is allowed in the school except for Snack Cart items which are compliant.

Additional information: